

What are coliform bacteria?

Coliform bacteria are organisms that are present in the environment and in the feces of all warm-blooded animals and humans. Coliform bacteria will not likely cause illness. However, their presence in drinking water indicates that disease-causing organisms (pathogens) could be in the water system. Most pathogens that can contaminate water supplies come from the feces of humans or animals. Testing drinking water for all possible pathogens is complex, time-consuming, and expensive. It is relatively easy and inexpensive to test for coliform bacteria. If coliform bacteria are found in a water sample, water system operators work to find the source of contamination and restore safe drinking water. There are three different groups of coliform bacteria; each has a different level of risk.

Total coliform, fecal coliform, and *E. coli*

Total coliform, fecal coliform, and *E. coli* are all indicators of drinking water quality. The total coliform group is a large collection of different kinds of bacteria. Fecal coliforms are types of total coliform that mostly exist in feces. *E. coli* is a sub-group of fecal coliform. When a water sample is sent to a lab, it is tested for total coliform. If total coliform is present, the sample will also be tested for either fecal coliform or *E. coli*, depending on the lab testing method.

Total coliform bacteria are commonly found in the environment (e.g., soil or vegetation) and are generally harmless. If only total coliform bacteria are detected in drinking water, the source is probably environmental. Fecal contamination is not likely. However, if environmental contamination can enter the system, there may also be a way for pathogens to enter the system. Therefore, it is important to find the source and resolve the problem.

Fecal coliform bacteria are a sub-group of total coliform bacteria. They appear in great quantities in the intestines and feces of people and animals. The presence of fecal coliform in a drinking water sample often indicates recent fecal contamination » meaning that there is a greater risk that pathogens are present than if only total coliform bacteria is detected.

E. coli is a sub-group of the fecal coliform group. Most *E. coli* bacteria are harmless and are found in great quantities in the intestines of people and warm-blooded animals. Some strains, however, can cause illness. The presence of *E. coli* in a drinking water sample almost always indicates recent fecal contamination » meaning there is a greater risk that pathogens are present.

A note about *E. coli*: *E. coli* outbreaks receive much media coverage. Most outbreaks have been caused by a specific strain of *E. coli* bacteria known as ***E. coli* O157:H7**. When a drinking water sample is reported as "*E. coli* present" it does not mean that this dangerous strain is present and in fact, it is probably not present. However, it does indicate recent fecal contamination. Boiling or treating contaminated drinking water with a disinfectant destroys all forms of *E. coli*, including O157:H7.

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